

Health Promotion

In order to encourage and support health promotion, each school will develop a brief statement of purposes and practices based on the district health promotion guidelines associated with this regulation.

The school health promotion statement will be developed with the involvement of staff, students, and parents. The statement will describe school-wide strategies that go beyond the prescribed curriculum to systematically promote and support healthy behaviour on the part of students, with a particular focus on the development of healthy habits.

The purpose of the district health promotion guidelines and the school health promotion statement is to provide a level of clarity and consistency about purposes and practices that will improve the effectiveness of the health promotion partnership between the student, the school, and the home. In order to be effective, the statement must lead to common understandings and coherent, collaborative action. Simply composing and publishing the statement is not sufficient to this purpose.

The health promotion statement is not an end in itself. It is a means to promoting and supporting active ongoing consideration of health issues in the school, both amongst adults and students. The school health promotion statement will, therefore, describe school strategies for an ongoing dialogue about health promotion that actively involves students, parents, and staff. In particular, it will describe an annual process for review and refinement of the statement and subsequent distribution to all concerned.