

## Regulation

**EDUCATION: STUDENTS** 

**Policy 504.12-R** 

## **Physical Restraint of Students**

Behaviour interventions for all students emphasize prevention and positive behaviour supports, where every effort is made to employ preventative actions that preclude the need for the use of physical restraint or seclusion.

- Physical restraint or seclusion is used only in exceptional circumstances where the behaviour of a student poses imminent danger of serious physical harm to self or others and where less restrictive interventions have been ineffective in ending danger of serious physical harm. Restraint or seclusion is discontinued once danger or serious physical self-harm or harm to others has dissipated.
- All efforts must be made that no harm come to a student in the use of physical restraint or seclusion i.e. never restricts the breathing of a student; never places a student in a prone position (i.e. facing down on his/her stomach) or supine position (i.e. on his/her back, face up); never employs the use of mechanical devices.
- Recurring practice of restraint or seclusion is not common practice in any student's educational program.
- Neither restraint nor seclusion are used as a punishment, discipline, or to force compliance in an educational/learning setting.
- There is a process and schedule for regular review of physical restraint and seclusion procedures to ensure alignment with current research/practice.

Adopted: 05 March 1990 Revised: 08 May 2019