

## **EDUCATION: STUDENTS**

## **Policy 506**

### **Health Promotion**

Health promotion is part of the overall mandate of the school system to enable all learners to develop their individual potential and is specifically included in the human and social development goal of the Mandate for the School System (OIC 1280/89). Good health also contributes to student learning and to intellectual development, which is the prime goal of public schools in British Columbia.

Health is not merely the absence of illness. It is a positive state of vitality and well-being that has physical, mental, and social/emotional dimensions.

Health promotion involves provision of information, development of understanding and skills, and the inculcation of habits that enable and incline an individual towards active self-care, self-regulation, and self-advocacy that improves his or her physical, mental, and social/emotional health.

Health promotion is a shared responsibility and a partnership amongst the school, home, community and student.